PHE 180: Living Well (special Wellness section only for Honors students)
1 section // McAdam // TR 3:30-4:45 pm // TBA
“This course explores the components of wellness and strategies on how to achieve well-being. We will look at topics such as diet, nutrition, exercise, stress, sleep, behavior, alignment, alcohol, drugs, the environment and the politics and economics that influence our health and wellness. A variety of movement/exercise possibilities will be experienced and evaluated, and students will have the chance to pursue topics that peak their interest. Creative approaches will be used to present the research findings. The final project will focus on the Wellness component that the student identifies as the one in which they need to improve their well-being.”

This is special section of PHE 180 for only Honors students. If you wish to take this course, you must let your Honors advisor know during your advising appointment. You will not be able to sign up for this course through EKU Direct; we will override you into the course.

HON 304W/307W: Beauty and the Beast: A Shared Aesthetic
1 section // Szabo, Vandenb / W 6:00-8:45 pm // Campbell 320A
“The connection between art and mathematics is a long established, mutually beneficial relationship. Although these connections are not always obvious, many artists and designers regularly use mathematics both directly and indirectly in their creative practice. Furthermore, some art is created based on specific mathematical principles resulting in very provocative and even beautiful outcomes. In this course, associations between the two disciplines will be exposed through the hands-on creation of art with mathematical tools and historical context as catalyst. The students will produce a series of mathematically informed projects and writings that will go beyond solely “demonstrating” math or simply creating something “beautiful,” but will provide insight into the bridge between the disciplines by exploring their impact on each other.”

HON 307W/308W: Opera as Cultural Drama
1 section // Liddell, Wolf // M 4:00-7:00 pm // Foster 312
“A study of the aesthetics, musical elements, and philosophical themes of Western opera and of the critique of Western culture in opera.”

HON 308W/310W: Mummies, Museums, and Buried Treasure: The Modern Discovery of the Ancient World
2 sections // Gooch, Jay // TR 2:00-3:15 pm & 3:30-4:45 pm // Case Annex 162
“This course will explore the following topics: the development of archaeology and comparative religious studies in the context of 19th century European colonialism; the idealization of Greece in modern European thought; the role played by the Rosetta Stone and similar discoveries in deciphering Egyptian hieroglyphs and other important inscriptions and texts; the discovery of ancient Mesopotamian creation narratives and their influence on the interpretation of the Book of Genesis narratives; the origins of the Aryan myth in the discovery of grammatical similarities and differences among Indo-European and Semitic languages; the role of archaeology and philology in the emergence of religious studies as a distinct academic discipline; and “Egyptomania” and its influence on modern archaeology and on popular culture.”

HON 308W/310W/312W: Ancient Wisdom and Modern Life
1 section // MacLaren, Messerich // MWF 1:25-2:15 pm // Case Annex 162
“Many aspects of the ways we look at ourselves and the world around us were profoundly influenced by ancient Greek and Roman ways of thinking. In some cases ancient ideas were accepted and modified to suit the modern environment. In other cases modern ideas resulted in part from rejection of ancient ideas. In this course some central ancient ideas will be explained and their influences on modern thought examined. As a result students will gain a deeper understanding of their own ways of thinking about who they are and about what the modern world is like.”

HON 308W/310W/320W: American Women and Their Voices, 1870-1920
“This course explores via historical as well as literary sources the key changes in American women’s lives in the critical period of transition between 1870 and 1920. Topics addressed include sexuality, dress, deportment, education, marriage/motherhood, employment, and involvement in public and political action.”
HON 308W/312W/320W: Meditation, Compassion, and Science
1 section // Velez, Winslow // TR 9:30-10:45 am // Case Annex 162
“In this course we will critically examine the relationship between meditation and compassion from the perspective of two distinct yet complementary disciplines, psychology and contemplative studies. We will study the theory and practice of Buddhist meditation with special emphasis on methods to cultivate compassion. We will also explore the scientific research in psychology that has emerged in the last twenty years about the effects of contemplative practices. This course will be taught as a seminar, with guided discussions about selected readings. Roughly half of the class periods will focus on the theory of various types of meditation followed by critical first-person examination of those practices, and the other half of the class periods will focus on scientific research about the topics. This course will be secular and require no particular religious or ideological beliefs. We ask that you keep an open but critical mind. Come, find out for yourself.”

HON 310W/312W/320W: Poverty and Revolution in Latin America
1 section // Hartch, Houston // MWF 11:15-12:05 pm // Case Annex 162
“This course will focus on the economic history of Latin America, with special attention to poverty and revolution. The course will cover the national era (1820-2014) and will focus on the main economic trends in five periods: classical liberalism (free markets and civil liberties) in the nineteenth century; growing state involvement and control in the first half of the twentieth century; radical political and economic theories that developed during the Cold War; the return of liberalism in the 1980s and 1990s; and finally a more democratic version of leftism that emerged after 2000.”

HON 312W/320W: Food and Society: Changing Foodscapes, Local to Global Scales
1 section // Frederickson // TR 11:00-12:15 pm // Case Annex 162
“Food is essential, it molds us. Our experiments with food created us as a species. It defines our culture and shapes environments that sustain our lives. The study of food is a study of complex systems whose components are interconnected at every scale of inquiry. In this class, we look at food through time from both ecological and sociological perspectives. Moreover, we examine the past, and present, with an eye to the future of food.”

(over)